

# The Weekly Warrior

August 25, 2022

## RMSD Update

It has been an exciting first three weeks of school across the District! Teachers and students are establishing classroom routines for expectations for learning as well as building positive relationships. As the new year begins, I would like to share some ideas on how you as a parent or guardian can best support your child's academic and social development throughout this school year. Your involvement and encouragement is vital for your child's success in building a strong home/school partnership.

**\*\*Create a Positive Learning Environment:** Designate a quiet, organized space at home where your child can study and do homework. Minimize distractions and provide necessary supplies like books, stationery, and a computer if needed. Ensure your child gets enough sleep, eats a balanced diet, and engages in physical activity. A healthy lifestyle contributes to better focus and overall well-being.

**\*\*Establish a Consistent Routine:** Set regular daily routines for waking up, meals, homework, and bedtime. Consistency helps children know what to expect and creates a sense of stability.

**\*\*Communicate:** Maintain open and effective communication with your child. Ask about their school day, listen to their concerns, and show genuine interest in their education. Maintain a positive attitude about school and learning. Your enthusiasm can be contagious and encourage your child's enthusiasm as well.

**\*\*Be Involved:** Attend parent-teacher conferences and stay informed about your child's progress, strengths, and areas that need improvement. Stay in touch with teachers to discuss any concerns. Support your child's involvement in extracurricular activities that interest them. These can help develop various skills and provide a well-rounded education.

**\*\*Promote Reading:** Cultivate a love for reading by providing access to books, visiting libraries, and reading together. Reading improves vocabulary, comprehension, and critical thinking skills.

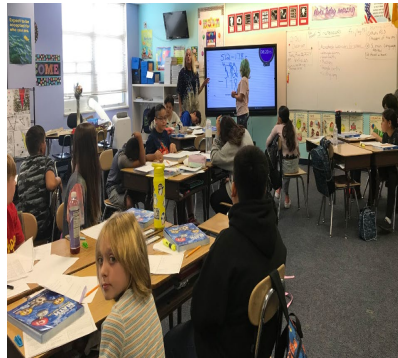
**\*\*Limit Screen Time:** Set boundaries on screen time, especially during school nights. Excessive screen time can negatively impact sleep and productivity.

Every child is unique so it is important to remember to adapt these tips to your child's individual needs. Thank you for your support, encouragement, and providing an environment that supports a love for learning.



## SVP

Pre-Kindergarten students working on the alphabet this week.



## WME

5<sup>th</sup> graders solving problems of the day in math.



## RMS

Native American students attended the Mescalero Apache Youth Summit at the Inn of the Mt Gods.



## RHS

RHS Physics students used a pizza box and created a solar oven that melted delicious S'mores.

## UPCOMING

- August 26    RMS Volleyball at Capitan 10:00am  
              RHS Ladies Soccer vs Portales 11:00am  
              RHS Warriors Soccer vs Portales 1:00pm  
              Cross Country Grindstone Trail Run at Capitan
- August 29    RHS Ladies Soccer at East Mtn 3:00pm  
              RHS Soccer at East Mtn 5:00 pm
- August 30    Braves Football at Chaparral 4:30pm
- August 31    RMS Volleyball at Mescalero 3:30pm  
              RHS Volleyball vs Hot Springs 4:00pm  
              RHS Ladies Soccer vs Goddard 4:00pm
- September 1    RHS Warriors Football vs Chaparral 7:00