

The Weekly Warrior

November 6, 2020

RMSD Update

Dr. Bickert
Superintendent

While we continue navigating the ballot-counting process and increasing Covid-19 positivity rates, I'd like to take this opportunity to send a shout out "Thank you" to two groups. First, I want to thank our community's health care workers for all that you are doing for us each day. Second, I want to thank the election and poll workers who are dutifully serving us during this challenging time.

Each week, I have at least one conference call with the other superintendents and another with Secretary Stewart and the PED leadership team. Based on everything that I have heard over the past few weeks, I wanted to highlight successes on several fronts! Our Blue/Gold hybrids at SVP and WME are allowing our students the opportunity to receive in-person instruction and support from their teachers! Our 5-to-1 small groups of special education students have been in-person since August and are still going strong! Our coaches and athletes are working together in 4-to-1 pods, as allowed by the NMAA! Our remote and on-line learners are showing grit and not giving up! Our Rapid Response Team has appropriately managed all positive case reports according to DOH requirements. Finally, thank you to students and staff for your continued efforts to mitigate virus spread by following health and safety guidelines!

"Don't Stop Believin" and have a safe weekend! *Dr.B.*

UPCOMING

Thur., Nov. 5th – Ongoing (until tests run out):
Free Covid-19 testing
3 p.m. to 7 p.m., Fire Station 1, 541 Sudderth Dr.
Register at: www.doineedacovid19test.com

Saturday, Nov. 7th :
The Public Health Department (117 Kansas City Rd.) will be hosting a drive-thru flu vaccination clinic (9 a.m. – 1 p.m.)

Mon., Nov. 23rd - Fri., Nov. 27th: Thanksgiving Holidays
All schools and central office closed.
No classes (not even remote!)

Sharing the Good News!

SVP: Congratulations to Ms. Dumont's 2nd grade class (the Mickey Mouse Club) won the Chamber of Commerce/Albertson's Pumpkin Contest with...



WME Shout Outs: Kudos to the following classes for winning entries in the Chamber of Commerce/Albertson's Pumpkin Contest: Ms. Romero, Ms. Magana, Ms. Abingdon, and Mr. Moore.

Be Kind to your Mind



Children exposed to stressors, such as isolation, can cause them to develop anxiety, panic attacks, depression, and other mental illnesses.

BREATHE!

Use this technique to help reduce stress & anxiety:

- Breathe in for 4 seconds
- Hold your breath for 7 seconds
- Exhale breath for 8 seconds

RMS Shout outs: Gracelyn Courtney, 7th grade RMS Student Council member, published the first, of now weekly, "RMS Announcements" to the RMS Facebook page. RMS electives teachers handed out over 100 supply packets to remote students this past week! The RMS Halloween slide show is also worth a look on the RMS Facebook page.

RHS Shout outs: 90% of Mr. Crow's Honors English students showing growth on CBM #2! 100% of Coach Crow's weightlifters (only 4 per pod) showing growth in the weight room!