

2009-2010 RHS EXPRESSWAY

Home Cookin 2ND MEAL \$2.50 EA.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK 1 & 3	Frito Pie Wrap	Ham Steak	Chili Beans w/ Cornbread	Grilled Ham & Cheese	Chili Cheese Dog
WK 2 & 4	Salisbury Steak	Fried Chicken	Ham Steak	Fajitas	Grilled Ham & Cheese

Plus Your Choice of Fruits and Vegetables from the Nutrition Bar (Variety of Fruits and Vegetables Daily) and Assorted Milk.

Sunny's Pizza Plus

MONDAY	TUESDAY	WEDNESDAY
Pepperoni or Cheese Pizza	Pepperoni or Cheese Pizza	Pepperoni or Cheese Pizza

Plus Your Choice of: Salad, Fresh

El Grande Grill 2ND MEAL \$2.50 EA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger or Chicken Burger	Cheeseburger or Chicken Burger	Cheeseburger or Chicken Burger	Cheeseburger or Chicken Burger	Cheeseburger or Chicken Burger

Plus Your Choice of: Tator Tots, Burger Salad Fresh Fruit & Assorted Milk.

Deli Delights

MONDAY	TUESDAY	WEDNESDAY
Chef Salad	Mandarin Orange Chicken Salad	Chef Salad
Deli Wrap	Deli Wrap	Deli Wrap

*Plus Your Choice of: Crackers, S
Fruit & Assorted

World Flavors 2ND MEAL \$2.50 EA.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK 1 & 3	Chimichanga	Hot Turkey Sand.	Ginger Chicken Rice	Fajitas	Red Chili Enchiladas
WK 2 & 4	Green Enchiladas	Beef Fried Rice	Pizza Burgers	Chicken Lo Mein	Cheese Quisadilla

Plus Your Choice of Fruits and Vegetables from the Nutrition Bar (Variety of Fruits and Vegetables Daily) and Assorted Milk.

Meal Prices

Breakfast	Lux
Full Paid - \$1.00	Full
Reduced - \$.25	Red
Student 2nd Meal - \$1.50	Stu
Staff/Adult - \$2.00	Staf

Ruidoso Municipal School Food Service Participates in OFFER choice of food items. Daily each meal option offers a minimum Alternate—1 Grain/Bread Alternate—2 Vegetable/Fruit—1 Fluid from this selection. Meal prices are \$2.25 for Full Paid and .4 available through the Free and Reduced