



Ruidoso Municipal Schools

High School

Breakfast Menu

Monday – Friday

Now Serving Breakfast

8:00AM – 8:30AM



2 Week Rotating Menu Chef's Specials

Week 1

Monday: Breakfast Taco
Tuesday: Ham & Cheese Bagel
Wednesday: Breakfast Burrito
Thursday: Breakfast Buffet
Friday: Waffle Stix

Week 2

Monday: French Toast Sticks
Tuesday: Breakfast Pizza
Wednesday: Breakfast Burrito
Thursday: Breakfast Buffet
Friday: Egg & Sausage Biscuit

Available Daily

- Assorted Cereal Choices
- Bagels & Cream Cheese
- Muffin Square & String Cheese

*** All Breakfasts Include: ½ Pint Milk & Fruit or Juice Choice

A la Carte selections available

*Menu Selections are based on student preferences, equipment & commodities



- orange - grains
- green - vegetables
- red - fruits
- yellow - fats and oils
- blue - milk and dairy products
- purple - meat, beans, fish, and nuts

For more information the FOOD PYRAMID go to-
www.mypyramid.gov

Breakfast Prices:

Student	\$1.00
Reduced	\$0.25
Adult	\$2.00
Milk	\$.50

Don't miss another delicious breakfast!
 Free and Reduced Meal Applications available in the High School and Middle School Office!

For Questions or Information Call the Food Service Director:
 258-3534 or e-mail foodservice@ruidososchools.org

