



# Ruidoso High School Menu

2015/2016

Week 8 Cycle

Sept. 21 – Sept. 25      Nov. 30 - Dec. 4  
Feb 8-12                  April 18-22

Full Paid Price \$2.75  
Reduced Price \$ .40  
Adult Price \$3.50

## LUNCH

### MONDAY

BBQ Chicken on Bun

**Good to Go**  
Chicken Chipotle Wrap

**Bravo - Pizza**

- Carrots ●
- Baked Fries ●
- Mixed Vegetables ●
- Green Beans ●
- Cheesy Broccoli ●

### TUESDAY

Beef Pasta Bake

**Good to Go**  
Chef Salad w/Ham

**Grille - Chicken Sandwich**

- Refried Beans ●
- Mixed Vegetables ●
- Carrots ●
- Green Beans ●
- Pinto Beans ●

### WEDNESDAY

Chicken Chili

**Good to Go**  
Original Hoagie

**Bravo - Pizza**

- Potato Salad ●
- Corn ●
- Carrots ●
- Pinto Beans ●
- Cornbread ●

### THURSDAY

Chicken Tacos

**Good to Go**  
Chef Salad w/Ham

**Grille - Chili Cheeseburger**

- Tator Tots ●
- Carrots ●
- Calabacitas ●
- Pinto Beans ●
- Spanish Rice ●

### FRIDAY

Cheeseburger

**Good to Go**  
Turkey Ranch Wrap

**Bravo - Pizza**

- Baked Fries ●
- Spinach ●
- Corn ●
- Carrots ●
- Green Beans ●

## NUTRITION BAR

### MONDAY

- Salad ●
- Tomato ●
- Diced Onion ●
- Salsa ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Jalapeno ●
- Sour Cream ●
- Ranch/Italian ●
- Apple ●

- Skim Milk ●
- 1% Milk ●

### TUESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Cheese ●
- Jalapeno ●
- Cauliflower ●
- Celery ●
- Peas ●
- Pickles ●
- Ranch/Italian ●
- Pineapple ●

- Skim Milk ●
- 1% Milk ●

### WEDNESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Jalapeno ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Sour Cream ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Strawberries ●
- Skim Milk ●
- 1% Milk ●

### THURSDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Salsa ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Mandarin Orange ●
- Skim Milk ●
- 1% Milk ●

### FRIDAY

- Salad ●
- Tomato ●
- Cucumbers ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Honeydew ●
- Skim Milk ●
- 1% Milk ●



For A Balanced Meal Get All The Dots