



Ruidoso High School  
Menu

2015/2016

Week 6 Cycle  
Sept. 7 – Sept. 11      November 16-20  
Jan 25-29                  April 4-8

Full Paid Price \$2.75  
Reduced Price \$ .40  
Adult Price \$3.50

LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Chicken Nuggets**  
●●  
**Good to Go**  
Chicken Chipotle Wrap  
●●  
**Bravo - Pizza**  
●●

Corn ●  
Mashed Potatoes ●  
Spinach ●  
Green Beans ●  
Roll ●  
Gravy ●

**Chicken Parmesan**  
●●  
**Good to Go**  
Chef Salad w/Ham  
●●  
**Grille - Chicken Sandwich**  
●●

Baked Fries ●  
Mixed Vegetables ●  
Carrots ●  
Steamed Broccoli ●  
Pinto Beans ●●

**Lots – O - Tots**  
●●  
**Good to Go**  
Original Hoagie  
●●  
**Bravo - Pizza**  
●●

Potato Salad ●  
Corn ●  
Carrots ●  
Pinto Beans ●  
Spanish Rice ●

**Hot Turkey Sandwich**  
●●  
**Good to Go**  
Chef Salad w/Ham  
●●  
**Grille - Chili Cheeseburger**  
●●

Tator Tots ●  
Carrots ●  
Calabacitas ●  
Mashed Potatoes ●  
Spanish Rice ●  
Gravy ●

**Cheeseburger**  
●●  
**Good to Go**  
Turkey Ranch Wrap  
●●  
**Bravo - Pizza**  
●●

Baked Fries ●  
Spinach ●  
Corn ●  
Carrots ●  
Green Beans ●

NUTRITION BAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salad ●  
Tomato ●  
Diced Onion ●  
Salsa ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Jalapeno ●  
Sour Cream ●  
Ranch/Italian ●  
Grapes ●

Skim Milk ●  
1% Milk ●

Salad ●  
Tomato ●  
Carrots ●  
Cheese ●  
Jalapeno ●  
Cauliflower ●  
Celery ●  
Peas ●  
Pickles ●  
Ranch/Italian ●  
Pineapple ●

Skim Milk ●  
1% Milk ●

Salad ●  
Tomato ●  
Carrots ●  
Pickles ●  
Jalapeno ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Sour Cream ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Strawberries ●

Skim Milk ●  
1% Milk ●

Salad ●  
Tomato ●  
Carrots ●  
Pickles ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Salsa ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Mixed Fruit ●

Skim Milk ●  
1% Milk ●

Salad ●  
Tomato ●  
Cucumbers ●  
Pickles ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Cantaloupe ●

Skim Milk ●  
1% Milk ●



For A Balanced Meal Get All The Dots

