



# Ruidoso High School Menu

2015/2016

Week 5 Cycle

August 31- September 4      November 9-13  
Jan 18-22      March 28 – April 1

Full Paid Price \$2.75  
Reduced Price \$ .40  
Adult Price \$3.50

## LUNCH

### MONDAY

- Chicken Nuggets
- Good to Go**
- Chicken Chipotle Wrap
- Bravo - Pizza**
- Corn ●
- Mashed Potatoes ●
- Spinach ●
- Green Beans ●
- Roll ●
- Gravy ●

### TUESDAY

- Turkey and Dressing Supreme
- Good to Go**
- Chef Salad w/Ham
- Grille - Chicken Sandwich**
- Baked Fries ●
- Cal Veg Blend ●
- Carrots ●
- Steamed Broccoli ●
- Pinto Beans ●

### WEDNESDAY

- Beef Nachos
- Good to Go**
- Original Hoagie
- Bravo - Pizza**
- Potato Salad ●
- Corn ●
- Carrots ●
- Refried Beans ●
- Spinach ●

### THURSDAY

- Chicken Enchiladas
- Good to Go**
- Chef Salad w/Ham
- Grille - Chili Cheeseburger**
- Tator Tots ●
- Broccoli w/chs ●
- Calabacitas ●
- Peas ●
- Spanish Rice ●

### FRIDAY

- Cheeseburger
- Good to Go**
- Turkey Ranch Wrap
- Bravo - Pizza**
- Baked Fries ●
- Spinach ●
- Corn ●
- Carrots ●
- Green Beans ●

## NUTRITION BAR

### MONDAY

- Salad ●
- Tomato ●
- Diced Onion ●
- Salsa ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Jalapeno ●
- Sour Cream ●
- Ranch/Italian ●
- Grapes ●
- Skim Milk ●
- 1% Milk ●

### TUESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Cheese ●
- Jalapeno ●
- Cauliflower ●
- Celery ●
- Peas ●
- Pickles ●
- Ranch/Italian ●
- Peaches ●
- Skim Milk ●
- 1% Milk ●

### WEDNESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Jalapeno ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Sour Cream ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Honeydew ●
- Skim Milk ●
- 1% Milk ●

### THURSDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Salsa ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Pears ●
- Skim Milk ●
- 1% Milk ●

### FRIDAY

- Salad ●
- Tomato ●
- Cucumbers ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Orange ●
- Skim Milk ●
- 1% Milk ●



For A Balanced Meal Get All The Dots

