

LUNCH

MONDAY

Chili Con Carne
●●
Good to Go
Chicken Chipotle Wrap
●●
Bravo - Pizza
●●

Corn ●
Refried Beans ●●
Spinach ●
Green Beans ●
Cornbread ●

TUESDAY

Chicken Fajitas
●●
Good to Go
Chef Salad w/Ham
●●
Grille - Chicken
Sandwich
●●

Baked Fries ●
Fajita Blend ●
Carrots ●
Steamed Broccoli ●
Pinto Beans ●●

WEDNESDAY

Frito Pie
●●
Good to Go
Original Hoagie
●●
Bravo - Pizza
●●

Potato Salad ●
Corn ●
Tortilla ●
Italian Vegetable ●
Spinach ●

THURSDAY

Bean and Cheese
Burrito
●●
Good to Go
Chef Salad w/Ham
●●
Grille - Chili
Cheeseburger
●●

Tator Tots ●
Broccoli w/chs ●
Calabacitas ●
Peas ●
Carrots ●

FRIDAY

Cheeseburger
●●
Good to Go
Turkey Ranch Wrap
●●
Bravo - Pizza
●●

Baked Fries ●
Spinach ●
Corn ●
Carrots ●
Green Beans ●

NUTRITION BAR

MONDAY

Salad ●
Tomato ●
Diced Onion ●
Salsa ●
Cheese ●
Broccoli ●
Cauliflower ●
Celery ●
Jalapeno ●
Sour Cream ●
Ranch/Italian ●
Apple ●
Skim Milk ●
1% Milk ●

TUESDAY

Salad ●
Tomato ●
Carrots ●
Cheese ●
Jalapeno ●
Cauliflower ●
Celery ●
Peas ●
Pickles ●
Ranch/Italian ●
Pineapple Bits ●
Skim Milk ●
1% Milk ●

WEDNESDAY

Salad ●
Tomato ●
Carrots ●
Pickles ●
Jalapeno ●
Broccoli ●
Cauliflower ●
Celery ●
Ranch/Italian ●
Ketchup ●
Mayo - Mustard ●
Strawberries ●
Skim Milk ●
1% Milk ●

THURSDAY

Salad ●
Tomato ●
Carrots ●
Pickles ●
Cheese ●
Broccoli ●
Cauliflower ●
Salsa ●
Sour Cream ●
Ranch/Italian ●
Ketchup ●
Mayo - Mustard ●
Mandarin Orange ●
Skim Milk ●
1% Milk ●

FRIDAY

Salad ●
Tomato ●
Cucumbers ●
Pickles ●
Cheese ●
Broccoli ●
Cauliflower ●
Celery ●
Ranch/Italian ●
Ketchup ●
Mayo - Mustard ●
Watermelon ●
Skim Milk ●
1% Milk ●



For A Balanced Meal Get All The Dots

