



# Ruidoso High School Menu

2015/2016

Week 2 Cycle  
 August 10-14    October 19-23  
 Dec 28 – Jan 1    March 7-11  
 May 16-20

Full Paid Price \$2.75  
 Reduced Price \$ .40  
 Adult Price \$3.50

## LUNCH

### MONDAY

- Chicken Burrito
- Good to Go**
- Chicken Chipotle Wrap
- Bravo - Pizza**
- Corn ●
- Pinto Beans ●●
- Spinach ●
- Green Beans ●
- Macaroni Salad ●

### TUESDAY

- Classic Baked Macaroni & Cheese
- Good to Go**
- Chef Salad w/Ham
- Grille - Chicken Sandwich**
- Baked Fries ●
- Fajita Blend ●●
- Carrots ●
- Refried Beans ●●
- Peas ●

### WEDNESDAY

- Meatball Marinara Sub
- Good to Go**
- Original Hoagie
- Bravo - Pizza**
- Potato Salad ●
- Corn ●●
- Green Beans ●
- Mixed Vegetable ●
- Spinach ●

### THURSDAY

- Pasta Bake
- Good to Go**
- Chef Salad w/Ham
- Grille - Chili Cheeseburger**
- French Fries ●
- Broccoli w/chs ●
- Veg Blend ●
- Roll ●
- Carrots ●

### FRIDAY

- Cheeseburger
- Good to Go**
- Turkey Ranch Wrap
- Bravo - Pizza**
- Baked Fries ●
- Spinach ●
- Corn ●
- Carrots ●
- Green Beans ●

## NUTRITION BAR

### MONDAY

- Salad ●
- Tomato ●
- Diced Onion ●
- Salsa ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Jalapeno ●
- Sour Cream ●
- Ranch/Italian ●
- Apple ●
- Skim Milk ●
- 1% Milk ●

### TUESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Cheese ●
- Jalapeno ●
- Cauliflower ●
- Celery ●
- Peas ●
- Pickles ●
- Ranch/Italian ●
- Pineapple Bits ●
- Skim Milk ●
- 1% Milk ●

### WEDNESDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Jalapeno ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Strawberries ●
- Skim Milk ●
- 1% Milk ●

### THURSDAY

- Salad ●
- Tomato ●
- Carrots ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Mixed Fruit ●
- Skim Milk ●
- 1% Milk ●

### FRIDAY

- Salad ●
- Tomato ●
- Cucumbers ●
- Pickles ●
- Cheese ●
- Broccoli ●
- Cauliflower ●
- Celery ●
- Ranch/Italian ●
- Ketchup ●
- Mayo - Mustard ●
- Honeydew ●
- Skim Milk ●
- 1% Milk ●



For A Balanced Meal Get All The Dots

