



# Ruidoso High School Menu

2015/2016

Week 10 Cycle  
Oct. 5 – Oct. 9      Dec. 14 - Dec. 18  
Feb 22-26      May 2-6

Full Paid Price \$2.75  
Reduced Price \$ .40  
Adult Price \$3.50

## LUNCH

### MONDAY

Mini Corn Dogs  
● ●  
Good to Go  
Chicken Chipotle Wrap  
● ●  
Bravo - Pizza  
● ●

Carrots ●  
Baked Beans ●  
Mixed Vegetables ●  
Green Beans ●  
Potato Wedges ●

### TUESDAY

Turkey Burrito Bowl  
● ●  
Good to Go  
Chef Salad w/Ham  
● ●  
Grille - Chicken Sandwich  
● ●

Mexicorn ●  
Mixed Vegetables ●  
Carrots ●  
Green Beans ●

### WEDNESDAY

Chicken Enchiladas  
● ●  
Good to Go  
Original Hoagie  
● ●  
Bravo - Pizza  
● ●

Pinto Beans ●  
Corn ●  
Carrots ●  
Italian Veg. ●  
Spanish Rice ●

### THURSDAY

Lots-O-Tots  
● ●  
Good to Go  
Chef Salad w/Ham  
● ●  
Grille - Chili Cheeseburger  
● ●

Tator Tots ●  
Carrots ●  
Calabacitas ●  
Pinto Beans ●  
Corn Superstar ●

### FRIDAY

Cheeseburger  
● ●  
Good to Go  
Turkey Ranch Wrap  
● ●  
Bravo - Pizza  
● ●

Baked Fries ●  
Spinach ●  
Corn ●  
Carrots ●  
Green Beans ●

## NUTRITION BAR

### MONDAY

Salad ●  
Tomato ●  
Diced Onion ●  
Salsa ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Jalapeno ●  
Sour Cream ●  
Ranch/Italian ●  
Apple ●  
Skim Milk ●  
1% Milk ●

### TUESDAY

Salad ●  
Tomato ●  
Carrots ●  
Cheese ●  
Jalapeno ●  
Cauliflower ●  
Celery ●  
Peas ●  
Pickles ●  
Ranch/Italian ●  
Pineapple ●  
Skim Milk ●  
1% Milk ●

### WEDNESDAY

Salad ●  
Tomato ●  
Carrots ●  
Pickles ●  
Jalapeno ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Sour Cream ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Strawberries ●  
Skim Milk ●  
1% Milk ●

### THURSDAY

Salad ●  
Tomato ●  
Carrots ●  
Pickles ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Salsa ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Mixed Fruit ●  
Skim Milk ●  
1% Milk ●

### FRIDAY

Salad ●  
Tomato ●  
Cucumbers ●  
Pickles ●  
Cheese ●  
Broccoli ●  
Cauliflower ●  
Celery ●  
Ranch/Italian ●  
Ketchup ●  
Mayo - Mustard ●  
Watermelon ●  
Skim Milk ●  
1% Milk ●



For A Balanced Meal Get All The Dots

